



THE INTERNATIONAL CENTER FOR REIKI TRAINING  
 PRESENTS  
 AN INTENSIVE HEALING WORKSHOP  
 LEARNING TO WORK WITH REIKI HEALING ENERGY

**USUI REIKI I & II**

**DALE HOLLOW LAKE, TN**

(Located near Livingston, Tennessee about 20 miles north of I-40 @ Cookeville)

This class is for anyone interested in learning techniques for self-healing and helping others. Reiki (ray-key) is an ancient healing technique for modern times. Reiki restores energy balance and vitality by relieving physical and emotional effects of unreleased stress. Reiki (Spiritually Guided Life Force Energy) is powerful, yet wonderfully gentle and nurturing. It supports any medical or healing method a client may be using.

**Reiki is a method to aid the body in releasing stress and tension through deep relaxation.**

This is a two-day intensive workshop (9:30 AM to 6:00 PM) which results in Certification as a Reiki I and II Practitioner through the Center for Reiki Training. In this class you will learn:

- ◇The history of Reiki
- ◇ What Reiki is and how it heals
- ◇ The human energy system
- ◇Reiki treatment techniques
- ◇How to use Reiki for personal healing and to assist others
- ◇ How to do a complete Reiki treatment on self and others
- ◇Beaming◇Scanning◇ The second degree Reiki symbols and how to use them
- ◇ Intuitive Reiki and sending Distant Reiki to people in other places.

**Continuing Education credit available for Nurses and Massage Therapists**

**This workshop will be facilitated by Beth Simmons Stapor, PhD**

Visit Beth's Website [www.tennesseeiki.net](http://www.tennesseeiki.net)

Beth is a Licensed Reiki Master Teacher with the Center for Reiki Training; she has over 20 years of experience working with healing energies as a Licensed Professional Counselor and Reiki Master.

Beth focuses on the integration of Mind, Body, and Spirit for wellness and healing.

**Cost for this workshop including "Reiki: The Healing Touch" Manual is \$350.00**

Reserve space with a \$150.00 deposit mailed to:

Beth Simmons Stapor P O Box 55 Allons, TN 38541

Questions: 931-260-0815 or [reiki7@twlakes.net](mailto:reiki7@twlakes.net)

Name \_\_\_\_\_

Phone \_\_\_\_\_

Address \_\_\_\_\_

Email \_\_\_\_\_

Checks payable to: Gateway to Healing

For Credit Card: Please Circle MasterCard Visa Discover American Express

Card # \_\_\_\_\_ Exp. Date \_\_\_\_\_ Billing Zip code \_\_\_\_\_

Total \$ \_\_\_\_\_ Signature \_\_\_\_\_

Deposits are nonrefundable but are transferable for 12 months to a Reiki I and II class taught by Beth.